

2015 DIARY

Feb 24th Working Party Meeting
 Mar 4th Board of Management
 Mar 20th Aging Expo
 Mar 31st Easter Bonnet Party
 April 14th Working Party Meeting
 May 5th 38th C&S Birthday Party
 June 10th Board of Management Meeting
 June 16th Working Party Meeting
 July 14th Royal Christening
 Aug 11th Working Party Meeting
 Aug 18th Clients, Volunteers, Staff & Board Members
 Sept 9th Board of Management Meeting
 Oct 7th AGM
 Oct 13th Working Party Meeting
 Nov 3rd Melbourne Cup Party
 Nov 7th Village Fair
 Dec 1st Working Party Meeting
 Dec 2nd Board of Management Meeting

CARE & SHARE GROUP

Get Together Every Tuesday & Wednesday
 9.30am to 2.30pm

Morning Tea & Lunch

Parties	Live Entertainment
Haircuts	Discussion Group
Card Games	Guest Speakers
Trading Table	Sing Along
Special Events	Raffles
Armchair Travel	Events
Computer Lessons	Craft
Chair Based Mobility Exercises	

Wednesday Special: Bingo

IMPORTANT REMINDERS

Please tell one of the Coordinators if you are leaving the building as your absence without notice could cause confusion if there was an emergency evacuation of the building.

Clients are reminded that if the temperature, as forecast by the TV stations at 6 p.m. on Monday night, is for 36 degrees or more at Elizabeth, then the Day Service will be cancelled.

However if there is a special occasion such as a Christmas Party then the scheduled event will take place

CLIENTS RIGHTS

All Clients have the right to complain without fear of retribution. A Client has the right to an advocate of their choice.

All Clients have the right to appeal if they are dissatisfied with any service decisions made.

Doing so will not limit their right to access services then or at a later date.

Clients & personnel are also advised that under the principals of the Privacy Act of 1988 they have the right to apply for access to their personal information held by the Gawler Care & Share Group

HAPPY BIRTHDAY

The February flower is the Clustered Pincushion



February 1st to 19th
 Aquarius, Amethyst, Uranus



7th Ralf Grose



9th Allan Streames



9th Ted Butler

February 20th to 28th
 Pisces, Aquamarine, Neptune



24th Jean Mellors



24th Josie Schinkel



28th Helena Kosowski



28th Joan Gilbert

29th John Wilkinson



CARROT CAKE DAY TUESDAY 3RD FEBRUARY 2015

Carrot Cake has been made since the Middle Ages, when sugar and other sweeteners were rare and very expensive so people used sweet vegetables to flavour their puddings. This technique became practically obsolete for several hundred years, but resurfaced in the 20th century, during WWII. Carrot cake is much healthier than many other baked goods. A traditional recipe calls for carrots, raisins, walnuts, and brown sugar. Enjoy a slice at your local cafe, or bake a cake of your own, in honour of *Carrot Cake Day!*

Mary had a little bear,
 To it she was so kind,
 So everywhere that Mary went,
 You saw her bear - running along
 beside her

THE CHARTER OF RIGHTS

Is displayed on the Elderly Centre notice board. If you want a copy please ask one of the Coordinators

CULTURE CORNER

SHE walks in beauty, like the night
 Of cloudless climes and starry skies;
 And all that's best of dark and bright
 Meet in her aspect and her eyes:
 Thus mellow'd to that tender light
 Which heaven to gaudy day denies.

One shade the more, one ray the
 less,

Had half impair'd the nameless grace
 Which waves in every raven tress,
 Or softly lightens o'er her face;
 Where thoughts serenely sweet
 express

How pure, how dear their dwelling-
 place.

And on that cheek, and o'er that
 brow,

So soft, so calm, yet eloquent,
 The smiles that win, the tints that
 glow,

But tell of days in goodness spent,
 A mind at peace with all below,
 A heart whose love is innocent!

Byron 1788 to 1824

A simple man goes to see the doctor for some health issues and after a complete medical check the doctors brings in the bad news: "You have a very nasty virus that is called yellow 24. This means that your skin will soon turn yellow and you only have 24 hours to live. There is no cure available at the moment and the only thing you have left to do is to go home and make sure that you enjoy your last moments". **He goes home**, talks to his wife about everything and she comes with the idea that they could spend the night out playing bingo. He gets one card and he wins the 4 corners prize \$250 after that he gets a line and wins \$2,000. Just a few more numbers are called and he gets a full house and wins a major national jackpot that is worth \$400,000. **The caller** asks him to get on the stage and says that he never encountered a person so lucky and who gets the 4 corners, a line and a full house at the same game with the same card. **The man replies:** "Are you calling me lucky? As a matter a fact I've got the yellow 24." The caller says: "You have? Goodness, gracious! This means that you've won the bingo raffle as well"